

Talking about Feelings

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Giving students vocabulary to name their emotions and be able discuss them with some degree of nuance can be a very powerful activity. Here, Lisa Gimbel offers the results of a vocabulary and grammar discussion and lesson for her intermediate level ESOL students.

Proud

I feel proud when I do my homework.
I feel proud when I **can** do my homework.
I feel proud when my kid passes a test.
I feel proud when my friend comes to my home.
I felt proud when my son graduated from college.
I feel proud when my children pass an exam with good grades.

Disappointed

I feel disappointed when I don't go to my English class.
I feel disappointed when I don't win Mega Millions.
I felt disappointed when my boss told me, "we don't need your service anymore."
I felt disappointed when I lost my job.
I feel disappointment when my expectation or hope doesn't happen.

Exhausted

I feel exhausted when I'm sick.
I feel exhausted when I work very late.
I felt exhausted when I went for a long trip.
I feel exhausted when I feel extremely tired.
I feel exhausted when I become stressed.

Worried

I feel worried when I pay my bills.
I feel worried when I receive bad news.
I feel worried when I make a mistake.
I feel worried when my son has a problem.
I feel worried when I bump my friend's car.
I feel stressed when someone is in trouble.

Confused

I feel confused when I don't understand my homework.
I feel confused when I read with my classmates.
I feel confused when I try to speak and don't remember a word.
I feel confused when I don't know exactly what to do.

Verb Practice

1. When _____ you annoyed recently? What do you do when you are very annoyed? What do you do when you're too annoyed?
2. When _____ you exhausted recently? What do you do when you're very exhausted? What do you do when you're too exhausted?
3. When _____ you confused recently? What do you do when you're very confused? What do you do when you're too confused?
4. When _____ you bored recently? What do you do when you're very bored? What do you do when you're too bored?